



Be the difference

2026

CPD
6 Clinical

PRE-CONFERENCE WORKSHOP



FRIDAY
24 JULY 2026



CSIR INTERNATIONAL
CONVENTION CENTRE
Pretoria, South Africa



WHERE SCIENCE,
COMPASSION AND
PURPOSE MEET.



08:30 - 09:00	Registration	Admin
09:00 - 09:10	Opening	RN Liezl Naude
Wound dressing		
This practical session focuses on optimal wound dressing application. Participants will first learn how to select and apply primary wound dressings based on tissue type, exudate levels, and infection risk. The session then transitions into hands-on practice with wound dressings, fixation materials and application of different cutting and combination dressings.		
09:10 - 10:30		RN Liezl Naude
10:30 - 11:00	Tea & Coffee	Break
Bandaging techniques		
This practical session focuses on therapeutic wrapping. Participants will learn get hands-on practice with short-stretch and long-stretch materials, emphasizing proper spiral and figure-eight bandaging methods, application of different types of wound care dressings. Application of different cutting and combination dressings.		
11:00 - 12:30		RN Liezl Naude
12:30 - 13:30	Lunch	Break
Negative Pressure Wound Therapy (NPWT) - Part 1		
Evidence update on NPWT focussing on guidelines, patient selection and advanced technologies. Attendees will review indications, contraindications, and specialized wound bed preparation before practicing dressing sizing.		
13:30 - 14:15		RN Zhavandre vd Merwe
Negative Pressure Wound Therapy (NPWT) - Part 2		
This 90-minute technical session covers the clinical application and management of NPWT systems. and placement. The interactive segment highlights techniques for achieving airtight seals on difficult anatomical sites, troubleshooting machine alarms like leaks or blockages, and managing safe dressing removal and clinical documentation. Attendees will also be able to differentiate between the different NPWT applications available.		
14:15 - 15:45		RN Zhavandre vd Merwe
15:45 - 16:15	Tea & Coffee	Break
Negative Pressure Wound Therapy (NPWT) - Part 3		
Addressing complex case with active case discussions on the myths & mistakes in NPWT. Utilising NPWT in SSI as well as a preventive		
16:15 - 17:00		RN Zhavandre vd Merwe
17:00 - 17:15	Closing	RN Liezl Naude
18:30 - 22:00	Cocktail function - CSIR ICC Atrium	
20:00 - 22:00	Exhibits Open	Exhibitors



www.heart4thewounded.co.za

#H4TW2026

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